



All Community Games

3178, Millicent Avenue, Oakville, ON L6H 0V4
E-mail: info@acgames.ca Tel: (416) 670-5335 Website: www.acgames.ca
(Sponsored by Sing Fai Sports Club)



Date: Sunday, July 23, 2023

Type of Meet: No Qualifying time standards

Location **Toronto Pan Am Sports Centre (TPASC), Scarborough**
875 Morningside Ave, Toronto (near 401 and Morningside Avenue - <http://tpasc.ca>)

Facility: 10 Lanes, 25 meter competition pool with Electronic Timing System and Scoreboard

Warm Up: 2: 00 PM **Start:** 2: 45 PM
Meet management reserves the right to change start times for all sessions.

Session: Session is estimated to last 4 hours (2PM - 6PM)

Age Up Date: Ages submitted are to be as July 23, 2023

Entry Fees: **\$15 per individual event. Swimmers can swim a maximum of 4 individual events**
\$22 per relay event. Relay events must be registered by team coach.
Please do the payment online at www.acgames.ca

Deck Entries: Deck entries are at the discretion of the clerk of course and only into existing heats.
No new heats will be created. Deck Entries will charge \$ 20 per individual event and \$25 per relay event.

Entry: Please submit all entries via www.acgames.ca starting from May 1, 2023

Deadlines: The deadline for entries is Saturday June 24, 2023.

Scratches: There is No refund for scratches and No show.
If there are any scratches, please notify the Meet Manager.

Competition: All ages will swim together separated by gender with final results separated by the following age groups:

- 8 & under
- 9 – 10
- 11 – 12
- 13 & Over

All events are Timed Finals. Seeding will be from Slowest to Fastest.

Awards: **Individual + Relay Events** will be distributed for the age groups 8 & under, 9-10, 11-12, 13 & Over
Medals from 1st to 3rd

Results: Officials Results will be posted at www.acgames.ca



All Community Games

3178, Millicent Avenue, Oakville, ON L6H 0V4
E-mail: info@acgames.ca Tel: (416) 670-5335 Website: www.acgames.ca
(Sponsored by Sing Fai Sports Club)



Competition Coordinator: Lisa Chow

Meet Manager: Y.Y. Wong

Entries Contact: Y.Y. Wong

Phone: 905 737 6296

E-mail: yywong@rogers.com

Officials:

Anyone wishing to assist with officiating please send names and positions to

Y.Y. Wong at yywong@rogers.com

All help will be greatly appreciated. We invite all officials to check in on deck at the officials' area prior to the start of the meet.

Order of Events

Girls	Event	Boys
1	100 Freestyle *	2
3	50 Breast stroke	4
5	25 Breast stroke#	6
7	100 Backstroke*	8
9	50 Freestyle	10
11	25 Freestyle #	12
13	100 Breaststroke *	14
15	50 Backstroke	16
17	25 Backstroke #	18
19	100 IM*	20
21	50 Butterfly	22
23	25 Butterfly #	24
101	Mixed 10 & Under - 4 x 25 Free Relay (2 Girls & 2 Boys)	101
102	Mixed 11 & 12 – 4 x 25 Free Relay (2 Girls & 2 Boys)	102
103	Mixed 13 & Over 4 x 25 Free Relay (2 Girls & 2 Boys)	103

*100 Events are for swimmers of age 11-12, 13 & over only

25 Events are for swimmers of age 8 & under and 9-10 only

Toronto Pan AM Sports Centre INFORMATION:

Parking:

Two paid parking lots on site with complimentary 2-hour parking. The University of Toronto Scarborough Campus has additional parking however they do not have the complimentary 2-hour parking. **Sunday parking is \$5.00 all day.**

Please click the link for directions and parking <https://tpasc.ca/facility/location>

Please click the link for the facility map <https://tpasc.ca/facility/location>



All Community Games

3178, Millicent Avenue, Oakville, ON L6H 0V4

E-mail: info@acgames.ca Tel: (416) 670-5335 Website: www.acgames.ca

(Sponsored by Sing Fai Sports Club)



https://www.tpasc.ca/sites/default/files/resources/tpasc_floor_map.pdf

For Officials, Volunteers, Coaches and Swimmers must enter through the gate/turnstiles beside the Level 2 information to access to Level 1 changing room and pool deck.

Other Information:

- Only Swimmers, Coaches and Officials are permitted on deck
- Swimmers are to be marshaled for their events
- No spectators and No Photographers are allowed on pool deck
- Parents and Family members must stay at the spectators area in the viewing gallery
- NO Food is permitted on deck and no glass objects will be allowed on or near deck
- Coaches are responsible for the behavior of their swimmers
- Swimming in an orderly manner is required. Horseplay is strictly prohibited.
- Meet Officials will provide a safe environment and an organized competition. We are not responsible for the supervision of the athletes during the competition and especially during session breaks.
- **Lockers are available at the changing rooms, please bring your own lock**
- Water is allowed on deck
- Outdoor shoes are not allowed on deck; please bring a pair of indoor shoes or sandals to wear on deck.
- All swimmers and coaches are to wear footwear when in the hallways

COMPETITION RULES: Sanctioned by Swim Ontario.

All current Swimming/Natation Canada (SNC) rules will be followed.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first **individual** event following the warm-up period in which the violation occurred. The full document can be viewed <https://www.swimming.ca/en/resources/officiating/event-resources/competition-warm-up-safety-procedures/>

Swimwear:

For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.



All Community Games

3178, Millicent Avenue, Oakville, ON L6H 0V4

E-mail: info@acgames.ca Tel: (416) 670-5335 Website: www.acgames.ca

(Sponsored by Sing Fai Sports Club)



Pool Policy

1. Food Policy:

NO FOOD will be allowed on the pool deck. This will be strictly enforced by the pool staff.

2. Entrance Policy:

For Officials, Volunteers, Coaches and Swimmers must enter through the gate /the turnstiles beside the Level 2 information to access to Level 1 changing room and pool deck.

4. Bleacher Use

Bleachers are to be used by swimmers only. All spectators are to be in the viewing gallery at all times. All swimmers should leave their bags & valuables locked in change rooms' lockers. Please bring your own lock.

5. Cell Phone Usage

Cell phone usage is not permitted on the pool deck or in bleacher area. We kindly ask all calls to be taken in the hallway.

6. Shoes in Facility

All swimmers, coaches & volunteers/officials are to wear footwear when in the hallways. We ask all coaches, volunteers/officials and swimmers to wear indoor/deck shoes when in pool area.

7. All pictures / Videos are NOT allowed taking on the pool deck.